

# PTSD as An Interpretive Phenomenon

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And the women sang to one another as they celebrated, “Saul has struck down his thousands, and David his ten thousands.”

—1 Samuel 18:7

## I. PTSD as an Interpretive Phenomenon

### A. Definitions:

*American Psychological Association:* “PTSD, or post-traumatic stress disorder, is an anxiety problem that develops in some people after extremely traumatic events, such as combat, crime, an accident or natural disaster.”

*Department of Veteran’s Affairs:* “PTSD (posttraumatic stress disorder) is a mental health problem that some people develop after experiencing or witnessing a life-threatening event, like combat, a natural disaster, a car accident, or sexual assault.”

B. Main Point: The way one \_\_\_\_\_ the trauma determines, or greatly influences, their response to the trauma.

## II. Influences of Interpretation

### A. Genetic Predisposition

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#### i. “Brain” versus “Mind” Injury

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B. Social Influences

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C. Other Influences

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D. Religious Influences

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i. Worldview (2 Cor. 4:16-18)

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III. The Importance of (Re)Interpretation

A. Psalm 36:9

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IV. Conclusion

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